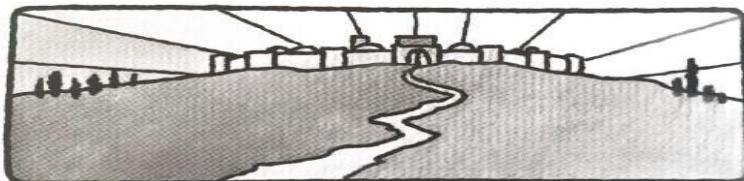


# LESSON 11

\*March 9 – 15

## Zion pan Topa Lunggulh



### SABBATH NITAAK

**Tu Kaalsung Simding:** Late 84; Mang. 21:3; Late 122; 87; Gal. 3:28, 29; Matt. 28:18–20; Late 46; 125.

**Kamngah:** “Topa huangsung ka lunggulh mahmah a, ka lungsim le ka pumpi a nungta Pasian tungah lungdam mahmah in la a sa hi” (Late 84:2).

**Z**ion lasakna in lungdamna le Pasian phatna la ahi hi. Topa in Ama mual siangtho tungah a uk hi. Hih Late in Topa phatna le Ama inn panin a mite tungah maipha le a mite a itna kimu thei hi. Biakbuk a itna thute zong kimu thei hi. Hih bang Late in Korah tate phuah Late hi. Korah in Topa inn panin thuphate a nuntakpih mi ahi hi. Amah in Biakbuk ah tumging tuamtuan a tum thei mipa hi (*I Khang.* 6:31–38); bekthamlo-in Amah biakbuk kongkhakte a cing a kem pa zong hi (*I Khang.* 9:19). Bang in Zion in nuamna le lametna phugpi suaksak hiam? Zion in Pasian in a mite a ompihna limcing hi. Pasian mi Israelte in Pasian teeltuam mite hi (*Thkna.* 7:6); Zion in Pasian teel mual siangtho khat hi (Late 78:68; 87:2). Pasian in Zion ah a mang hi (Late. 99: 1, 2); Ama biakbuk in Zion ah a koih hi (Late 87:1). Tuahi-in Zion in vantung thupha ngahna le siatna panin bukna mun hi. Zion in Jerusalem le biakbuk ci-in zong kipulaak khawm; kizang khawm khawm hi. Tua mun in biakbuk, Pasian hotkhiat bulpi hi, ci-in kipulaak hi. Zion panin hong pai thuphate in leitung mun khempeuhah kizel hi. Bang hang hiam cihleh Topa mahmah le Ama hehpihna in siangtho mun Zion khengin mun khempeuh tungah kizel hi. Zion in mi khempeuhte nuamna hi (Late 48:2); leitung in Pasian neihna ahihna thu zong honghilh hi.

\*March 16, Sabbath a ding kiginkholhna in tu kaal lesson sim in.

## Biakinn ah Nikhat in Mundang ah Nitul sangin Hoihzaw

**Simin, Late 84:1–4.** Bang hangin Late gelhpa in biakbukah om ding lunggulh hiding hiam?

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Late gelhpa in biakbuk ah om ding “lunggulhna” “Zawngkhalna” a nei hi. Amah in Topa tawh a tawntungin a om nuam hi (*Late 84:1, 2*). Pasian in Ama ompihna nungta kimu thei hi (*Late 84:2*) hih thu hangin biakbuk in a siangtho mun hong suak hi. Biakbuk in “Pasian a bia mite in Topa hoihna a muhna mun hi (*Late 27:4; 63:2*) “Topa hoihna tawh lungkimin nuamsa uh hi” (*Late 65:4*). *Late 84:18* in Topa tawh kizopna in hong piak tehpikh omlo nuamma a ngah uh hi; hih kizopna sungah biakpiakna zong kihel hi (*Late 84:4*); Ama sungah tha ngahna a nei uh hi (*Late 84:5*), Amah a muang thei hi (*Late 84:12*). Biakbuk in biakpiakna mun hi; thu-um mite khat le khat kikholhna mun zong hi; biakbuk in thu zuihna le thu upna-ah tha hong guan hi. A nungta Pasian ompihna ngahna mun hi. Biakpiakna anei mi in Pasian vangliatna tawh kidim Gam le tawntung nunna a ciamkha mite hi.

**Simin, Late 84:5–12.** Biakbuk panin kua in thupha ngah hiam?

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Biakbuk panin Pasian thuphate hongpai hi, ci-in honghilh hi. Amasa-in biakbuk a naseunte tungah tua thuphate hongtung hi (*Late 84:4*), tuakhit ciangin biakbuk lam zuanin hong pai khualzinte tungah a tung hi (*Late 84:5–10*), a nunung belah leitung mun khempeuh ah tua thuphate kizel kim hi. Biakbuk ah Topa tawh kimuh khopna hangin biakbuk lam zuanin hongpai mite tungah tha le ngal hatna a hong tung hi (*Late 84:7*). Biakbuk zuan a khualzinte thahatna kiam himah taleh, biakbuk a zuatna tungtawn in tha a dimkik uh hi. Biakbuk tawh kigamla himah taleh Pasian tanu tapate in Pasian biakbuk panin ciaptehna hangin Pasian mai-ah a etlawm nunna siangtho tawh a nungta thei uh hi (*Late 84:11*); tua bangin a nungta mite in dikna tawh kidim uh a, Topa biakbuk ah alut thei uh hi (*Late 15:1, 2*). Biakbuk panin nitang bangin thuphate a tangkhia dingin Topa in thupia hi. Tua nitang in leitung mun khempeuh a taan hi (*Late 84:11*). Upna tawh Topa hehpihna sungah a nungta mite in koi mun koi munah om taleh Topa maipha a ngah thei uh hi.

*Mangmuhna 21:3 simin. Leitung biakbuk thu panin bang lametna pulaak hiam? Tua lametna sungah nuntakzia in koi bang hiam?*

## Jerusalem in Daihna tawh Kidim Dingin Thungen in

**Simin, Late 122:1–5. Biakpiakna a nei mite in Jerusalem khuapi sung hong lut uh ciangin bang thute tuakkha uh hiam? Jerusalem khuapi sungah bang lametna nei uh hiam?**

*Late 122* in Jerusalem khuapi zuanin khualzin mite lungdamna le amaute lungnopna thute pulaak hi. Tua khualzin mite in lungdamna tawh Jerusalem khuapi sung hong lut uh a, Pasian mite in zong kum khatin Jerusalem khuapi-ah biakpiakna pia dingin hongpai uh hi; amaute in a beisa hun ahi-a, tuhun ahizongin Pasian hoihnate hangin Topa tungah lungdamna a ko uh hi (*Thkna. 16:16*). Jerusalem khuapi in Israelte tec i panna a pulaak khuapi khat hi (*Late 122:4*); bekthamlo-in thukhenna zumpi zong Jerusalem khuapi-ah om hi (*Late 122:5*). Israel mite thuciam in biakbuk pulaak hi (*Gam. 1:50*), tua thuciam sungah “hehpihna tokhom” a om hi (*Pai. 25:22*). Thukhenna kipan dingin tokhomte a baihsa-in kikoih hi (*2 Sam. 8:15*). Jerusalem khuapi-ah khualzinin hongpai mite in amau buai-na tuamtuanme hong paipih uh a, Jerusalem khuapi panin thutanna ngahin inn lam a zuankik thei uh hi. Amaute in Topa tungah citakna nei-in khat le khat tungah thutangin a gamta uh hi.

**Simin, Late 122:6–9. Pasian mite thungetna ah a thu bulpi in bang hiam?**

Jerusalem in daihna tawh a kidim nadingin thungetna kimu thei hi. Khuapi in thupha ngahin a sunga teen mite kipumkhatna hangin amaute lakah nopna hong tung hi (*Late 122:8*). Pasian le a mite kizopna kip a om ciang bekin Jerusalem in daihna a ngah thei hi. Jerusalem in nopna tawh a kidim ciangin a sunga teen mite in zong nopna a mu kha bek hong suak hi (*Late 147:12–14*). Late in thu-um mite sungah nopsakna hong tun nadingin thunget kisam aihhna honghilh hi. Pasian mite in thu a nget uh ciangin amaute lakah nopna tung a, kipumkhatin lungdamna thu a pulaak kawikawi thei ding uh hi; amaute in Pasian kiangpan hongpai daihna le leitung minamte hotkhiat na thu pulaak thei ding uh hi (*Johan 13:34, 35*).

Jerusalem nopsak nading thungetna in eite hamphatna khat hi. Thu-um mi khempeuhte masuan khat hong suak hi. Banghang hiam cihleh tua bangin thungetna in leitung hun bei ciangin daihna kumpi gam hong tun nading hi-in, Jerusalem behkilo-in leitung buppi in daihna tawh kidimding hi (*Isa. 52:7; 66:12, 13; 12; Mang. 21–22*).

**Tu-in thu-um mite lakah kithutuahnna, kipumkhatna a om theih nadingin bangci bangin nungta ding i hiam?**

**Zion—Minamte' Inn**

**Simin, Late 87:1, 2. Bang thu in tua bangin Zion mun hoih suaksak hiam?**

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*Late 87 in Zion pen Pasian teeltuam khuapi, Pasian it ngahna hangin Ama min phatna la hi. Pasian biakbuk a phungpi in Zion Mual tungah kinga hi (Late 2:6; 15:1). Hun bei ciangin Zion in mual khempeuhte tungah om ding a, leitung mun khempeuh a uk Pasian ukna a pulaak ding hi (Late 99:2; Isa. 12:2; Mic. 4:1). Late 87 in Zion in vangliatna tawh a kidim “mualte” a pulaak hi (Late 133:3). Pasian in Zion khuapi kongkhakte a it hi; Jacob innkuante teenna khua khempeuhte sangin Zion a itzaw hi (Late 87:2, 19), tua in Israel gam mun khempeuhte tungah Zion manphatna pulaak hi. Pasian mite biakbuk omna khuapite in Shiloh le Bethel hi. Late in Pasian biakna maan in Ama teeltuam mun le Ama lamlahna bangin biakpiakna a pulaak hi.*

**Simin, Late 87:3–7. Zion hoihna bang kipulaak hiam?**

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Zion vangliatna hangin minamte in Topa kiang hong zuan thei uh hi. Tua hi-in Pasian ukna gam in leitung buppi hi. Khrih Honpa le Tanpa-in a sang mite adingin Zion in thu upna-ah thaksuahna mun khatin kiciamteh hi. Tua hi mah taleh Pasian in namdangte pen namniam khat bangin koih lo hi. Amaute in a pianna mun zui-in min ciaptehna a nei uh hi (Neh. 7:5; Luka 2:1–3). Late sungha tua bangin Zion khua-ah a suak minamte thu kipulaak hi. Topa in amaute tungah mihing hihna thak a pia hi. Zion ah a suak mite tungah hamphatna lianpi khat a ngah uh hi (Late 87:4–6). Late 87 in Jew mite le Gentile tungah hotkhiatna thu pulaak hi. Jew le Gentile in Khrih na nasepna tungtawnin pumkhat a suak thei uh hi (Rom 3:22; 10:12; Gal. 3:28, 29; Kol. 3:11). Late in Zion cihtheihna a pulaak hi. Hih thu in Daniel pulaak thu Pasian ukna Gam honghilh hi. Pasian ukna in leitung mun khempeuh hi ding hi (Dan. 2:34, 35, 44, 45). Zeisu thu gentehna, singkung in khang sem semin golin, vasa namcin khempeuh in bu-in a nei uh hi. Tua Singkung bang mahin Pasian ukna Gam in lian semsem ding a (Matt. 13:32) na khempeuh tungah ukna a nei ding hi.

**Koi bangin Zion in minam khempeuh tungah hotkhiatna thu gen dingin kiging khol thei hiam (Matt. 28:18–20)? Koi bangin hih thu in vantungmi thumte thupuak tawh kizopna nei hiam?**

## Zion ah Bitna le Dainha

**Simin, Late 46:1–7. Koi bangin leitung nuntak khuasakna kipulaak hiam?**

Late in leitunga gimna buai-nate a pulaak kimu thei hi. Lamet lohin gimnate hong tung ahihna kimu thei hi (*Late 46:2, 3*). Tua bangin buai-na gimnate in namdangten Topa a langpanna hangin tua bang gimna hong tung ahihna thu zong kimu thei hi. Leitung siatna hangin leitang in gimna lianpi thuak hi (*Late 93:3, 4; 124:2–5*). *Late 46* in gimna tuamtuamte limciinna kimu thei hi. Tu bang gimnate minamte ukna nuai-ah om hi (*Late 46:6*). Leitung in Pasian theihna nei lo hi; bang hang hiam cihleh Pasian in a mite lakah om hi. Tua mun in Pasian teenna mun hi-in dainha tawh a kidim mun hi (*Late 46:4, 5*). Tua himah taleh leitung in Amah nial hi mah taleh Pasian in leitung a nial kei hi. Pasian in leitungah om a, a mite lakah hong teeng hi. A dang khatin gen leng, bangbangin siatna tam hi mah taleh Pasian vangliatna in leitung nate tungtawnin kimu thei hi. Leitungah lametna i nei thei lai hi. Hih thu i theihna tungtawnin tha ngahna i nei thei hi. Hih thu siksanin i nungra ding hi. Siatnate lakah Topa sungah bitna i ngah thei hi. Hih thute in Zion in bitna tawh kidim mun hi ci-in kipulaak hi (*Late 46:3*). Leitung in buai-na tawh kidim hi mah taleh Pasian mite in bitna a mu thei uh hi. Hih thu in dainha in gimna om lohna hi lo-in, Pasian a muang mite tungah a kipia ahihna kimu thei hi. Pasian sungah nuntakna khempeuh tawh muanna a nei mi in Pasian sungah bitna a ngah thei uh hi. Huihpi lakah bitna a mu thei hi (*Matt. 8:23–27*). I dot ding dotna khat in: Pasian in hih leitung a kisiat dongin nusia ding hiam? A tawntungin nusia ding hiam?

**Simin, Late 46:6–11. Pasian in gimnate, leitung siatnate bangci muh hiam?**

Pasian in leitung siatnate, gimnate hangin lungkim lo hi. Tu-in a bawlsa leitung in kisia-in tuisuak hi (*Late 46:6*). Tua himah taleh leitung nate in kisia cipin, maimang suak ding hi lo hi; ahi zongin a thakin kibawl pha kik ding hi. Pasian in Zion panin leitung minam khempeuh tungah dainha a hong pia ding hi. Pasian in gal kido-nate a beisak ding hi. Kisiatna khempeuh a beisak ding hi. Mi gilote khempeuh kisia maimang ding uh hi. Migilote in leitung mite a nengniam uh hi (*Late 46:9*). Hih in Khristiante adingin Khrih Nihveina hong kumkik ciangin lametna lianpi hong suak hi.

**Koi bangin leitung buai-na lakah Pasian muanna nei thei ding i hiam?**

## A Kiling ngeilo Zion Mual bangin

**Simin, Late 125:1, 2. Koi bangin Pasian a muangte nunzia kipulaak hiam?**

Topa a muangte in Zion tawh kigenteh hi. Zion in hatna, kipna limcing hi. Jerusalem kim panin Zion mual kigalmuh thei a, Late in Topa ompihna a phawk thu a pulaak kimu thei hi (Late 5:12, Late 32:7, 10). Migilote in Zion mual umcih uh bang lo-in Zion in tuipi sung kidenna hi (Late 46:2), Tua Zion in belh ding a muanhui mual lian khat hi. Tua mual tungah Jerusalem kinga-in, Jerusalem in kip takin a om thei hi. Pasian kepna a ngah khuapi in kiling ngei lo ding hi. Leitung siatnate lakah belh ding mun kip hong suak hi. Tua bangin kisiatnate lakah Pasian mite in lametna a ngah thei veve uh hi.

**Simin, Late 125:3–5. Koi bangin midikte in zia-etna thuak uh hiam? I nuntakpih ding bang thu hong hilh hiam?**

Pasian tanu tapate in migilote daupai tuahphatna hangin lungkia-in omkha thei hi. Amaute gitlohma lampi zui dingin zia-etna thuakkha thei uh hi (Late 73:2–13; 94:3). Topa kiang pan a taikhia mite in Zion Mual panin daihna le bitna amu kha kei uh hi. Mihingte in deihtel theihna zui-in mawhna sungah nungta nuam hileh nungta thei uh hi (Late 125:3); thuman panin lampial in nungta thei hi. (Late 125:5). Topa in dikna tawh kidimin mawhna kisik nuam lote tungah thu a khen ding hi. Hih munah Pasian mite in, Zion in a ling ngeilo bitna mun le belh ding mun muanhui ahih bang mahin, amaute in Topa sungah a linglo upna muanna a nei thei uh hi. Cihnopna-ah i tel zagh loh thu tampi om hi mah taleh, Pasian hoihna i muan thei hi. “Leitungah mawhna hong lut ciangin Khrih in leitungah mihingin hong nungta hi; sihna hong thuakin sihna panin a thokik hi, cih thute le Ama nunzia tampi Lai Siangtho sungah kimu thei hi. Ama nunzia i tel zagh loh tampi om hi mah taleh Pasian kammal muanlah ding bangmah om lo hi. Bang hang hiam cihleh Pasian nasepna lamdangte i tel zo kei hi. Mun khempeuh in a lamdang tawh kidim hi. I telzaghloh thu thuk lianpite tawh a nungta ihi hi. Mihing thaneem na le lungsim kicinlohma tuamtum tawh a nungta hi. Pasian in Lai Siangtho sungah kicing takin Ama zia le tong a hong hilh hi; tua hi-in Ama kammal i muanlah ding bangmah om lo hi. Bang hang hiam cihleh Ama ompihna, Ama thuphate lamdang i telzo kei hi.”— E. G. White, *Steps to Christ*, pp. 106, 107.

**Ngaihsutbeh Ding:** Isaiah thupuak, a diakdiakin *Isaiah 51:1–16* sim in. Zion late in Zion hong phawksakin Zion tungah nuntakna buppi tawh citakna hong hilh hi. A nungta Pasian muanna tawh i kalsuan thei hi. Tua hi-in Pasian biakbuk panin thupha hong luang hi. Zion panin nuamna le nunna bucing ngah dingin lametna i nei thei hi. Pasian tate in vantung Zion khitui tawh a zuan uh hi (*Late 137:1*). Zion phawk nadingin ngaihsutna lianpi le Pasian phawkna tawh a nungta tawntung thei ihi hi (*Pai.13:3; 20:8*). Tua ahih manin Zion lasakna in leithakah Pasian ukna gam kiphuahphat ding lametna hong guan hi (*Mang. 21:1–5*). “Tua munah a si thei lo nunna tawh nungta-in Pasian bawlsa na lamdangte i lungngai ngai ding hi. A hong tatna lamdang itna i lung ngaingai ding hi. Tua munah gitlohma, zuau thu cihte om lo hi; galpa in Pasian mangngilh dingin hong khem tawntung hi. Khua phawk theihna khempeuh khangto ding a, theihna kicing hong ngahsak hi. Thuman theihna in lunggimna hong tun lo ding a, gimna tawh hongpia khawmlo hi. Na lianpi sem zo-in na mainawt ding a, khan lawhna lianpi tawh mainawt ding a, ngimna sang semsem ding hi. Kal khat khit kal khitah kalsuanin na muh ngei loh thute na mu ding hi. Thuman thutak na theihna hong kibehlap toto ding hi. Ngaihsutna le khua phawk theihnathe khanglo ding a, lungsim pumpi kipuahphatna hong lian semsem ding hi.”—Ellen G. White, *The Great Controversy*, p. 677.

Zion zuanin khualzinte in Zion mangngilh ngei khalo-in cihtakna le Topa tungah a kiciam uh hi. Amaute in hih leitung amaute luah dingin a ngaihsun kei uh hi. Ahizongin amaute in leitung thak le vantung thak a lamen uh hi.

Tua hi-in Zion phatna Late in khang tawntung a thu-um mite in Jerusalem Thakah nungta dingin lunggulhna lianpi a nei uh hi (*Mang. 3:12*). Zion panin late in lametna tawh nungta dingin tha hong guan hi. Tua hi-in amaute in Pasian hehpihna in hong sawlin Ama deihna bangin a hong nungta sak hi.

### Kikupding Dotnate:

- ① Koi bangin thu zuihna le thu upna, Pasian thuthuk guipite in Zion a Pasian mite nuntakpih bulpi hong suak thei hiam? Jerusalem khuapi-a nuntak khuasakziate in pawlpi le leitungah hotkhiatna nasepna hong hilh thei hiam?
- ② Koi bangin thu-um mite in Pasian biakbuk sungah bukna mun mu thei uh hiam? (*Johan 1:14–18; Heb. 12:22–24*)
- ③ Koi bangin Late 87 pulaak bangin Zion in minam khempeuhte teenna khuapi hong suak thei hiam? (*Rom. 5:10; Efe. 2:11–16, Kol. 1:19–23*)