

**TRUST IN THE
MIDDLE OF
TURBATION**

PSALM 44: A BOLD PRAYER

The honesty and directness of the psalmists in their requests to God may surprise us, or even shock us. The sons of Korah address God in a bold prayer:

Psalm 44:1-3

God has done great feats in the past.

Psalm 44:4-8

They fully trust that God will give them victory now too.

Psalm 44:9-16

They complain that God has abandoned them and allowed their enemies to humiliate them.

Psalm 44:17-22

They assure that they do not suffer because they have turned away from God and that, in any case, they could not deceive God in this sense.

Psalm 44:23-26

Finally, they imprecate God to stop hiding and act, fully trusting in their liberation.

The psalm ends without a clear answer from the Lord. His silence is a reminder that, many times, we will not always get the answer we want from Heaven. But we must not allow discouragement to overwhelm us or make us shipwreck in our faith.

PSALM 22: A PERSONAL PRAYER

We do not know the circumstances in which David wrote this psalm, but it is – evidently – a messianic psalm, which narrates the personal experience of Jesus. The gospels directly or indirectly quote this psalm when describing the crucifixion.



Psalm 22:1-18

- Experience of Jesus on the cross.



Psalm 22:19-21

- He Trust that God will accompany him and set him free



Psalm 22:22-25

- Praise God among his brothers for his deliverance



Psalm 22:26-31

- The progress of the gospel to its final culmination



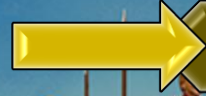
V. 1. Words of Jesus (Mt. 27:46; Mr. 15:34)



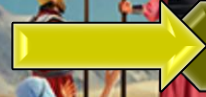
V. 2-6. Feelings of Jesus.



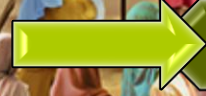
V. 7. They shake their heads in mockery (Mt. 27:39; Mr. 15:29)



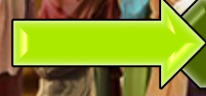
V. 8. Words of the crowd (Mt. 27:3)



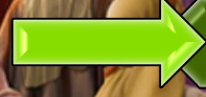
V. 9-14. Trust and experience of Jesus.



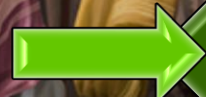
V. 15. Jesus is thirsty (Jn. 19:28)



V. 16. They pierced the hands and feet of Jesus (John 20:25)

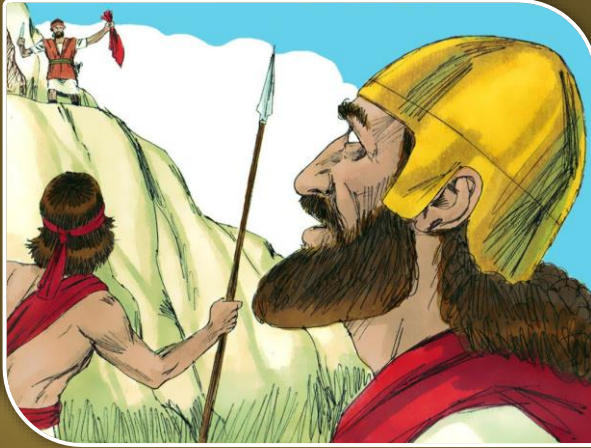
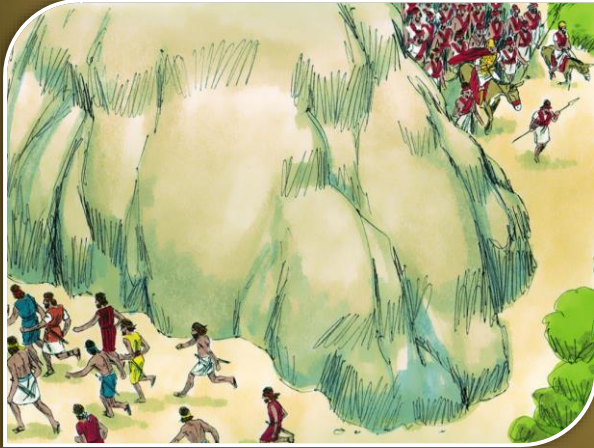


V. 17. They did not break any of his bones (John 19:31-37)



V. 18. The soldiers divided his clothes (Mt. 27:35; Mr. 15:24; Lk . 23:34; Jn . 19:23-24)

PSALM 13: A PRAYER OF DOUBT AND TRUST



When the psalmists ask “why?” They want to understand how God works, since it seems that he has abandoned them and does nothing to help them.

But in Psalm 13, the key question is: “How long?” David doesn't want to know why, but how long it will take for God to answer him. It is a doubt that expresses his complete confidence that God, sooner or later, will act.

Psalm 13:1-2 How long...?

You will forget me and
hide your face

I will have my heart full
of sadness

My enemy will triumph
against me

Psalm 13:3-4 David's Request

Answer me
(but now!)

make me understand

May I not die and may
my enemies rejoice

Psalm 13:5-6 Trust and praise

I trust in your mercy

I'm glad because I
know you will save me

I will sing to you
because you have done
me good

PSALM 60: A PRAYER OF VICTORY

The superscription of the psalm gives us its historical context: “when there was war against Aram- Naharaim and against Aram of Zobah, and Joab returned, and destroyed twelve thousand of Edom in the valley of Salt” (see 2 Samuel 8:1 -14).

After being proclaimed king over all of Israel and establishing Jerusalem as his capital, David faced several wars that allowed him to greatly expand the territory of Israel and finally achieve a period of peace.



David faces serious problems

Psalm 60:1-3



David's confidence in God's deliverance, his “flag”

Psalm 60:4-5



God is with his people, Israel

Psalm 60:6-7



God mocks the enemies of his people

Psalm 60:8



David asks God to accompany him in battle

Psalm 60:9-10



He does not trust in human help, but in divine help

Psalm 60:11



With God, everything is possible

Psalm 60:12