

A Who is free? Romans 8:1.

- ❖ Only those who have a strong relationship with Christ can be free. That involves a daily and fervent union with Him.

B What are we free from? Romans 8:2.

- ❖ Unlike the law of sin, the law of the Spirit brings life and freedom. The law of sin only brings death and damnation.

C How can we obtain freedom? Romans 8:3.

- ❖ Not by the law, because it can only condemn us, since we are sinners.
- ❖ Through the life and death of Christ who became flesh and lived without sin.

D How should we live after being set free? Romans 8:4.

- ❖ We are no longer controlled by our own desires, but by the dictates and guide of the Holy Spirit who lives in us.
- ❖ Therefore, to walk according to the Spirit means to live according to the request of the law: a life of love and loving obedience.

E How can we know if we are living according to the flesh or according to the Spirit? Romans 8:5-8.

❖ Living according to the flesh:

- Doing and thinking about the things of the flesh.
- The result is death.
- Falling out with God and not being able to please Him.
- Not being able to obey the law of God.

❖ Living according to the spirit:

- Doing and thinking about the things of the flesh.
- The result is life and peace.
- Being a son of God and living to please Him.
- They submit to the law of God.

F How can live thinking on spiritual things? Romans 8:9-14.

- ❖ We are spiritual only when we are guided and influenced by the Holy Spirit, by allowing him to live in us.
- ❖ The Spirit lives in us when there is a close relationship between the Spirit and us. That involves a constant submission to God's will. The Spirit is powerful to transform our lives.

G Which are the results of living according to the Spirit? Romans 8:15-17.

❖ Present:

- We are free from fear because our sins have been forgiven.
- We are adopted as God's children.
- God is our father and He takes care of us.
- We are God's heirs because we are His sons.
- Christ shares his inheritance with us.
- We suffer with Christ.

❖ Future:

- We will inherit the kingdom of glory and eternal life.
- We will be glorified with Christ.