

Mawhna, Lungdamna Thu le **Thukham**

## SABBATH NITAAK

**Tu Kaalsung Simding:** *Thkte. 14; Mark 9:42–48; Rom. 3:20; Matt. 5:17, 18; Rom 3:28; Matt. 7:24–29.*

**Kamngah:** “Na thukhunte ka mangngilh ngei kei ding hi. Bang hang hiam cihleh tuate hangin nong nungtasak hi. Nangma aa ka hi-a, kei hong hon in. Banghang hiam cihleh na thukhunte ka zong hi.” (*Late 119:93, 94, ZSV*)

**P**asian le eite kikhawlhna hong daalthei gal lianpen in lunghian na hi. Mawhna in Pasian tawh hong khenkhia bek thamlo (*Isa. 59:2*), hongkhem, hong liamsak, hong nawmvalh in hong bei siangsak thei hi. Mawhna le ang galphual kimaingat den a, a lian pen a lauhuaipen le tawntung hun hong sukha penpen zong ahi hi.

Mawhna cihpen nunna’ khenkhat hi ci in lungsim sungah a koihlo zong om uhhi. Mi hihna tawh nopsakna lamah paiziau uhhi. Lawm le gual tawh nuamsalua in mawhna peuh i neuseh kha hiam? Mawhna’ thulu geiteng sikdikdek napi in, mawhna pen ahibang in pulaak khia leng, mikhat peuh sukhhak ding lau ihihleh; a tawpna ah gual nopna bekmah a teelte in, Pasian tawh a cidam kikhawlhna panin lampial khia thei ding hi.

Mikim in mawhbawl hang a, i ngaihdan, lungsimpuak, tatelehek, paulehamte in eimah, midang le Pasian nangawn sukhasak hihang. Mawhna in Pasian tawh kikhawlh na hong suksiatsak tei hang, Pasian in ahihleh Ama’ Thukham theihna tawh Amah hong kilangh in eima’ nunna sungah khuavak hong taansuk sak hi.

Tu kaal sungteng in, Pasian in AThukham hong piakna hangthu le mikhat peuh in thukham a palsat in amawh ciangin, a kua mahpeuh in Pasian tawh kizopna hong puahphat sakthei dingcih kisin ding hihang.

*\*May 30, Sabbath ading kiginkholhna in tu kaal lesson sim in.*

## Lungsim lakkhiatnate le Ze-etnate

**Simin,** Thukhente 14 le 16:1, 4, 16, 17 cihte sungah Samson a kize-etna bang hiam? Pasion in, thu tangtawh khat tawh a sapkhiat hinapi, Samson in Pasion'na semkawm in ze-etna sungah zong kipia hi. Ama' nunna thupiang tengin bangthu hong hilh hiam?

Kidona lianpi omtakpi a, ei zong va kihellui hihang. Tua vannuai galphual in van-tung panin hong kipankhia in eima' nunna sung ciatah hong om hi.

Zeisu hongpai madeuh in, ei le Pasion kikal akinai kikhawlhna panin hong kikhengkha sakthei ding galhiam khempeuh Satan in kai khawm ding hi. A khial khollo thu khatpeuh khawng tawh lungheinei in, nahun leh na thatang beisak khin nahih manin, Pasion a ding bang pen tawmkha bek omlai ta hi. Tua thu in nasep khatpeuh, kizopna midea, sumbawlna, kimawlna leh an mahmah zong hithei ding hi.

Eimah mah kisittel sitset leng, hih atung a thute kilawmlo liang zahin uangzatna hangin, midangte le Pasion a ding hun kipiazonawnlo thei hi. Galpa in eima' thanemna le Pasion tawh hun zatkhon na panin lunghei hong neisakthei nate theitel mahmah hi. I nasepna sungah lutsukmaa in Pasion zon masak ding phawkden ding hihang (*Matt. 6:33*).

Zeisu in eima' dinmun hong telsitset ahiihang; awlmawh lohna bel hua mahmah hi (*Mang. 3:14-22*). Amah Pasion hinapi, mihing zong hi a, eimah bangin tawl hi (*John 4:6*). Eite mahbang in nuntak haksatna a masuat ciangin, Amahbek kihemkhia vingveng in, A Pa kiangah thungen hi (*Luke 5:16; 6:12; Mark 1:35; Matt. 14:23*). Ze-etna a va dokikna ah galhiam hoihipen in, huntuum la in A Pa tawh kiho na ahi hi. Tua lampi in ei aa dingin zong kician pen hi.

Samson in thahat akisak manin puk hizaw hi. Ze-etna zawhna dingin ama' tha bek muangkha hi. Nisim mahin kha' galpa ahi mawhna in, Pasion le eite kizopna thanem sak in hong suksiatsak nuam den hi. Eima' thanemna leh ngaihsutna tungah kingak theihna dingin, i ngaihsutna peuh hong kheelsak zel hi. Ciapteh ding thu khat: I upna in hong dingkipsak ding a, tua upna in Pasion' Thu zakna tungtawn in kingah hi.

**Tu in bang a dingin na kipeek hiam? Pasion' Thu in tumahmah in koibang in hong huhthei hiam?**

## Pasian *tawh* Kikhawlhna *ah* Belhmun

Pasian le eite' kikhawlhna tawh kisai Lai Siangtho sungah thu puak tampi om a, tua banah Khazih sungah khantoh theihna'ng pan hong daal thei zong tampi takmah om hi. Paul le Zeisu kiangpan hih thupuakte lungngai ni:

**“Lungkip takin ka omzo hi ci in a kingaihsun mite, a pukkhak lohna dingun kikem uhhen”** (*1 Cor. 10:12*). Samson bangin, ei le ei kimuanna in hong kaituk ding hi.

**“Mi kineihkhemte in, mite' pahtawi theihna dingin mipi' mai ah pengkul a muut bangin hih kei un”** (*Matt. 6:2*). Nangma' hoihna thu mite kiangah gengen nawn ke'n! Zeisu bangin kiniamkhiat in.

**“Mawhpih nopna lungsim tawh numei khat a enmi peuhmah in a lungsim ah tua numei tawh a mawhzo hi. Na mit taklam in na mawhna ding hong piansak leh, khelkhia inla paai in”** (*Matt. 5:28, 29*). Pasian tawh kikhawlhna hong daalsakthei na lungsim sunga iplahna peuhmah hemkhia in.

**“Nang tungah thu hong kikhen lohna'ng in midang thukhen kei in. Miangte tungah thu nakhen uh bangin no tungah hong kikhen ding hi”** (*Matt. 7:1, 2*). Mi tung thukhenna ah kuhkal luakei in. Pasian in thukhenpa hi a, Amah'n khensak in (*1 Cor. 4:5*).

**“Ke'n kongcih in, nagalte it un; hong samsia te thupha pia un. hong mudahte tungah thuhoih bawl un, hong bawlsiate a ding thu ngetsak un”** (*Matt. 5:44*). Galte muhdah khawl in. Nang hong bawl siate tungah muhkhialhna na neihleh, tua in Pasian tawh na kikhawlh na hong daal kinken hi. Galte a ding thungen lecin, Pasian bek hilo mite tawh kikhawlhna zong hong kikheel ding hi.

**“A sanggampa tungah ahehmi in thukhenna thuakkha thei ding hi”** (*Matt. 5:22*). Na kimkot a mite khawng hawkgawpgawp ke'n. Nang' hehna mite bek thamlo Pasian nangawn sukhathei hiteh.

**Simin, Mark 9:42–48. I khut, khe le mit in hong mawhsak khakleh hih ding thu Zeisu in hong piakhin hi. Zeisu in bangci hiam?**

Mawhna sung hong tun, nak hut sattan in, na mit khelkhia lecin bel khengval liang niteh. Hong cihtaktak mah ahi hi. Ahitei ta zongin Zeisu in mawhna amuhdan leh eima nunna hong huzaapdan hi. Nang nakoici muh hiam?

## Thukham

**Khristian** hilo khat kiangah mawhna koibangin hilhcian ding nahi hiam? Lai Siangtho in e mawhna koici hilhcian? Rom. 3:20 le 1 John 3:4 simin.

Mawhna in Pasion' thukham palsatna hi a (*1 John 3:4*), tua mawhna in pianpih ngeina ahi hi (*Late 51:5; Jer. 17:9*). Mawhna in bang hipeuhmah cih thukham in hong musak hi. Thukham i cihin i kiim le paam bangei hiamci in kiteltak in muhtheihna dingin mit limlang bulh tawh akibang hi. Eima' nundan le gamtatna tungah a kiteleian mah mah a kipkho muhdan hong piangsak a, Pasion' omzia le a thupi Ama' thute kilang sak hi.

Thukham Sawm tengpen (*Pai. 20:3–17*) Pasion in Ama' khutmee ngiat tawh kui in a gelh ahi hi. Zeisu in tuate a thupitna a pulaakna ah: “Topa na Pasion pen, na lungsim khempeuh, nakha khempeuh, na ngaihsut na khempeuh le na thahatna khempeuh tawh it in.” Hih in thukham masapen ahi hi. A nihna zong tua mahbang hi a ‘Nangma’ pumpi na ki itzah in na vengte it in. Tua sangin a lianzaw thukham om nawnlo hi” (*Mark 12:30, 31*). “Hih thukham nihte tung panin thukham dang khempeuh le kamsangte thuhilhna khempeuh hong mengkhia hi” (*Matt. 22:40*) cih.

Sinai mual a Israel ading Pasion' kammalte in tuni ei ading (*Heb. 1:1, 2*) zong hi a, thukham in Pasion tawh kikhawlhna hi cih. Pasion in Amah le eimah, mi le mi ikikhawlhna kepcin nadingin thukham hong pia hi. Hinapi Satan in Pasion thukham hoihna teng melh in vangik in musak hi. Kalhna hizawlo in itna leh suahtakna thukham hizaw hi. Lai Siangtho sungah “Pasion i it ciangin a thukhamte a zui ihi hi. Ama' thukhamna te in a zuih haksa lua zong hilo hi” (*1 John 5:3*) cih.

1. Ciaptehna 1 pan 5 dong zang inla, thu nungta (thukham) in nang a dingin bangzah manpha hiam?
2. Pasion' thukham ka lungngaih ciangin, hong gacip maw hong thapia? Hong gacip a hihkhak le katelphatna ding koicih ding kahiam?
3. Pasion' thukham icih in keima nunna, ka innkuan le ka pawlpi nunna thu laigil in ahi, Amah le midangte itna hi peuh mahleh bang aci zen tam maw? Kei le ka nunna sungah kikhawlh na limlim bang a kikheel tammaw?

## Thukham *le* Lungdamnathu

Zeisu mahmah in Amah le thukham kikhawlhna pen vangneitak le kiciantak in hong hilhcian khinzo hi.

**Matthew 5:17, 18** sungah, Zeisu in thukham koici gen hiam?

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Tua mahbang in nulehpa te in zong tate a ding manpha a sakte uh pen daikai uhhi. Thukham icih zong Pasion' omzia hi a Amah'n manpha sa hi. Eite in thukham tungtawn in Pasion tawh kikhawlhna sungah khangto ding ihih manun; Amah tawh ahi a, milehmi ihi zongin i kikhawlhna a kemcing dingin thukham hong pia ahi hi. Thukham palsatna hangin mawhna' sulzuite a thuakkhalo eite lakah kua om peuhmah ding hiam?

Zeisu i itna pen thukham' thulaigil hi. Zeisu in "Kei nong it uhleh, Ka thukham na zui ding uhhi" (*John 14:15*) hong cihi. Zeisu it taktak peuhleung, Ama' thukham zuinuam lelpeuh hihang. Ama' thukham kitel tak in i muhtheih ciangin, Zeisu itloh hong phamawh ta hi. Tua sang a thupi zawsem khat in, singlamteh mitsuan gige in; Khazih in eite adingin aiawh hong sihsakna thu i mit tawh muh gige tawtungna in Pasion tungah itna neihtheih na'ng lampi hoihpen ahi hi.

Tua ahih manin lungdamthu leh thukham tonkhawm ngitnget hi. Tuhang mahin thukham le eima' zuihna bangzah in thupi taleh, Pasion' maiah hong kidinsakna munah thukham mahin eite hong mawhsak veve hi. Thukham in hong maisak ngeilo, hong diksak ngeilo in hong lemtuah ngeilo hi.

Tua sangsik in, mawhmaina, diksakna le teptuah nate ikisap lam hoh hong musak zaw hi. Tua hi a, thukham theihcian na'ng thu tawphahpi in langdamthu, eite' aiawh in Khazih hong sihsakna pen thukham zuihna tawh hi zawlo in, upna hangbek tawh eima aa hih sak na ahi hi.

**Anuai-a munteng simin: Rom. 3:28; Rom. 4:13–16; Gal. 2:16; Gal. 3:13; Philippi 3:9. Thu ummite a dingin, thukham zuihna pen kalhna hilo in upna hizaw cih bangthu tawh hong hilh hiam?**

## Theihna le Sepna

Mualtung thuhilhna sungah, Zeisu in kikhawlhna thu – Amah tawh le milehmi kikhawlhna thu tampi gen hi. A thukhupna ah lungsim hong khoih mahmah thukhat gen hi: “Kei kiangah, Topa, Topa hong ci mi khempeuh vantung gamsung ah lutlo ding uhhi. Vantung ah ka Pa’ deihna bangin a gamta teng bek lut thei ding uhhi” (*Matt. 7:21*) cihhi.

Zeisu in, mi pawlkhat in Ama’ thu thei napi in Amah thei taktak lopi in a sammi om ding hi cihhi. Thu theihna zon ding a thupit mahbang in, Lai Siangtho in zong, Pasion’ mite in, Pasion a theihloh na uh tawh a nialkhakna uh omthei hi cihhi (*Hosea 4:1, 6, 10*). A hun a bei ngeilo Lai Siangtho thumaan pen nengniam pampaih ding hilo hi. Ahihhang tua theihna in eite kheel in ki-aapna le Pasion tawh hong tonkhawp saktheih keileh, tua in bangmah kimanna neilo hi.

“Nangbek amaan Pasion nahihna thuleh, Nangmah in nong sawl Zeisu Khazih hong theihna pen amaute adingin tawntung nunna ahi hi” (*John 17:3*). Vantung luttheih nadingin a kisam masa penin, Ama’ deihna bang hihna hi a, Amah theician lopi in lah Ama’ deihna kihih thei tuanlo hi. Tua in a khatna letna ding a kilawmpen mah hiding hi.

Na tate in nang hong it hong cih a, na sawlna a manleh; amau’ tattlehkek tengin amau’ hong itna leh hong zahtakna a thukna hong lak hi. Tua mahbang in eite’n Pasion i it ciangin, Ama’ deihna bang i semnuam a; tua sangin hihding a hoihzaw dang omlo cih i thei hi. Amah i dawnthuk kikna in Ama’ thu manna pen, eima’ itna panin hong luangkha Amah tawh kikhawlhna omzia diktak ahi hi.

**Zeisu in mualtung thuhilhna pen, a thungai mipite’ lungsim a khoih kha mahmah tona khat tawh thukhup hi. Bang aitam? Matt. 7:24 -29 simin.**

Zeisu’ thupuakte i zak taktak ciangin zong kito sakzolo in zong kikheel zo tuanlo hihang. Hitaleh, amasa in, i bilte beek kihong henla, i lungsim beek in sangthei photphot leh; tua ciangin, Pasion tawh kinaikhawlh theihdan ding pen lungsim sungah husan simin hong om thei ding hi. Tua ciangin i nunna in tua Suangpi tung le Pasion’ hong ngiimsak na tungah hong kinga theipan ding hi.

Kinaikhawlh theihna pen thusim lua zong hikhollo hi. Tua thupen Pasion’ Thu sungah laimaite tawh hong pulaak khin a, mi khempeuh hong piaksa ahi hi. A cingtaak Khazih’ dikna pen upna tawh sang in, tua dikna tawh nuntakpih theihna pen mimal deihteelna ah kinga hi.

**Ngaihsutbeh Ding:** Thukham' thulu in kitukalh gawp in a kitel khialh zong lamdang sakluat ding hilo hi. Satan in Pasion a langdona bulpi pen a thukham mah hipah hi. Zeisu' hunlai a mi pawlkhat in, thukham hemkhia dingin Zeisu hongpai cih a um zong om uh hitaleh, tuabang bel hithei samlo hi. Tua thukham a picinsak theihna dingin Zeisu un tua thukham le Pasion hoihna khuavak pia dingin hongpai (*Matt. 5:17, 18*) a, Pasion omzia taktak hong lak hi.

“Pasion' kammal siangthote pen zahtakna bek tawh mihing' lungsim sungah teng thei a, vantung' deihsa zong picing sakthei bek hi. David maan hun sung le Solomon' hun masalam sungteng in Israel mite thahatna tawh a kidimsak thei pen Pasion' thukham mah hi a; Elijah le Josiah hun sunga kipuahphatna teng zong tua thu nungta upna mah tawh hizel hi. Hih thumaan thutak mahpen Israel mite gamhpi hi a, Jeremiah in zong tua thu tawh kizui in kipuahphat ding nakpi takin hanthawn hi”— *Prophets and Kings*, pp. 465, 466.

### Kikupding Dotnate:

- ① Mipi kalsuanzia in mawhna koici muh hiam? I pawlpi in e koici dawnkik hiam?
- ② Mawhna in Pasion le mihing, mi le mi kikhawlhna hong suk siatna banghun in na muh masak pen ahi hiam?
- ③ Pasion' thukham zuihna haksa nasa ngei hiam? Bangthu teng in a thu kipsak hiam?
- ④ SDA-te i hihna tawh, i min mahmah in thukham i thupi bawl na alak laitakin, hotkhatna ngah nading thukham zuihna tungah kingakna (legalism) thang pan bangci-in i pelhthei ding hiam? (Ngaihsutna tawh kisinna khat nei in: Thukhen ni ciangin, na mawhna khempeuh siangtho le cingtaak Pasion' mai-ah thukhen nading a kilak ciangin, bang muangding na hiam? Thukham na zuihna maw? Ahihkeileh na tangin Zeisu' diktatna maw?)
- ⑤ Pasion i theihna a thanem ciangin Amah tawh kikhawlhna koibang in hong sukkhaksak thei hiam? (*Pau. 24: 3, 13, 14 simin*).

**Tomkaihna:** I nuntaknate mawhna tawh kidim a, tua in Pasion tawh i kikal khenkhia hi. Ahizongin, i lungsim, i lungtang, i kha, le i thahat na khempeuh tawh Amahthei ding le it dingin Pasion i sam hi. Hih bangin ihih ciangin, midangte tungah itna nei semsem in, Pasion le mi dangte tungah hih itna pen Pasion' thukham sungah kigelh a, tua pen Ama le i kim i paam a mite tawh i kizopna kem-a a dal ding akipia ahi hi. Pasion' thukham pen ama' lim kilang hoih mahmah khat hi, tua hi-in a thukham i tel ciangin i kizopna khauh semsem ding hi.

## Brazil ah Sum Lamdang

Kum 19 a pha sangnaupang khat ahi Tarsis Gomes in a pa kiang pan kha khat sum Brazilian real 50 (tua hun lai-in US\$50 tawh akibang) ngah hi. Sawm-ah-khat ding real 5 le sumpi ding real 5 a piak khit ciangin, university a zat ding real 40 a nei lai hi.

Sabbath ni khat, biakinn ah sawm-ah-khat le sumpite a piak khit ciang in, a lawmpa Nivaldo kici in a wheelchair thak lei nading Tarsis kiangah huhna ngen a, “Hi mah e, real sawmnih kong pia ning hi,” ci-in gen hi.

Tua khit ciangin a lawm nihna, Jairo in zong huhna hong ngen hi. Amah pen Brazil gampua biakinn tuamtuamte ah a pai Communion kici a cappella pawl khat tawh lasa khawm hi a, giah nading sum a kizam uh hi. “Hi mah e, real 20 kong pia ding hi,” ci-in Tarsis in a dawng hi.

Tua kha university fees ding real 23 a kisapna a mangngilhi hi.

Ni khat, Tarsis in a sangsap ding sum la khia dingin ATM ah tual ah ding hi. Sangnaupang mah ahi, a sanggamnu zong amahtawh ding khawm hi. Tua laitakin sawm-ah-khat le sumpi apiak khit aom lai real 40 pen a lawm nihte piakding a kiciamna a phawk hi. Pasion a hopih pah hi. “Bang hangin tua kamciamte kei hong bawlsak na hiam?” ci-in dah takin a lu kun-in a dong hi.

Tua laitakin, Pasion in amah kiangah, ATM lam en in, ci-in a gen bangin a phawk hi. A daktroh leh ATM sum pusuahna panin sum a pusuaq a mu hi. Tua khit ciangin mi khat in ATM naih a, sum la khia hi, ahih hangin sumlai pen a lakna ah tang den hi. Ama’n um zolo hi. Thungen a, “Topa, mi thum in ATM zang in tua sum mu kei uhleh, kei a’ding hi ci-in ka thei ding hi,” ci hi. A zom-a ding mi thumte in sum la khia uh a, ahih hangin sum lai ciaptehma omlai hi. Thungetna tawh, Tarsis hangsan takin, ATM kiangah vapai hi. A khut lakhia in, slot sung pan 50-real sum khat la khia hi. Mi khempeuh in amah en ciat uh hi. A sanggamnu in a nung ciangin a genna ah, sum pen bangmah om lohna pan a lakkhia tawh kibang hi cih. Minute khat sungin sum koihna ah sum bangmah omlo a, a nung ciangin a khut sungah a om pah hi.

Tarsis in um zo lo hi. A sanggamnu a kiangah om a, “Tua sum koi-ah na mukhia hiam?” aci hi. “Hih laitak ah,” “ATM pan a dawkhia lel hi.” “Hi theilo,” aci hi. “Tua lai-ah om hileh ken’ ka la khin ding hing.”

Tu-in Brazil gam, Recife khuapi ah kum 42 a pha galkap palik officer khat ahi Tarsis in, bang hangin Pasion in real 50 pia-in tua sanga tamzaw pia lo hiam cih dotna thuk hi. Ama’n, “Mi tamzaw ka huh loh man ahi. Mi tamzaw huh dingin kithawi hileng, Pasion in tamzaw hong pia ding hi,” ci hi. Ama ading real 50 pen kicing mahmah hi: sawm-ah-khat adingin real 5, biakpiak na adingin real 5, le a lawmte adingin real 40. “Mite i huh ciangin i zawng tuan kei hi,” ci hi. “Pasion in eite hong kempa ahi hi. Citak un.”



*Tarsis YouTube video hih lai ah en in: [bit.ly/Tarsis-IS](http://bit.ly/Tarsis-IS).*

## *Khen I: A Huamin Etna*

**Thubulphuh:** *Matthew 5:17, 18*

**Lungngaih Ding:** *Late 119:93, 94; Ths. 7:29; Matt. 7:24–29; Rom. 3:20.*

Nopsakna khempeuh pen mawhna hi ci-a neutung pek in a kihilh unau peeng tangthu khat om hi. Amau pen hih laibu simlo ding, sim leh mawhna hi, tuate nelo ding, nei le mawhna hi, nui lo ding, nuilhna pen mawhna hi, tua tak ah pailo ding, pai leh mawhna hi cih tawh khangkhia uh hi.

Amau zong hong khan ciang in hong kikhen uh hi. Khat pen inn pan paikhia le thusiate in amah abawm khak ding patau hi. Inn kong zong hong ngam taklo-in va kizuakna-a kizuakte ne ngamlo hi. Amah pen kideek val in hong khan sih hi.

Apeeng dang pa leuleu teh na tua cilo hi. Amah'n a kikhaamte uk zaw sop hi. Zu, zate zangh in, casino ah kimawl den hi. A kikhaam ante ne nuam hi. Tua pa zong kideek kidaam loh luat manin hong na-in si hi.

Tuate tung ah thu kihilhthe khial lua a hiam? Mawhna i pelh theih zah in pelh ding mah hilo hiam? Amau sin khak thu ah khialh taktakpi pen bel mawhna pen bang hi taktak a hiam cih a sin ngei khak loh na hi. Mawhna pen sia val hi cih tel tuanlo uh hi, tua hi-a mawhna do theilo uh hi.

Tu kaal lesson ah mawhna pen bang hi-a koi cih zo thei ding hiam cih en ding hi hang.

## *Khen II: Hilhcianna*

**Mawhna pen bang hi-a, bang hangin siahuai mahmah a hiam?**

**Mawhna kaw k lian theihloh na:** Mawhna i kaw k thei pah setset loh ciangin mawhna khang sak hi hang. Gentehna in numei pasal paktatna pen mawhna hi i cihloh ciang in a ciksiat huai na a kiamsak kihi-in a suuk zaw ah thu lamdang hilo dan khat-a i suah sakna hi.

Mawhna pen mawhna hi ci-a i lawh setset lohna tu laitak in tam mah mah hi. Leitung mite tawh kikholhna ah “mawhna hi” cih kammal pen thu khualna tampi tawh zanghlo kha ding hi hang. Akhatna ah Leitung mite in “mawhna” cih kammal pen biakna lam kai pian ahih manin zangh meel lo ding uh hi. Mi a tam zawte ading in-ah mawhna pen om sa lo uh hi: tua pen Pasian in a khaam, biakna in a khaam dan in kiseh hi. Pasian a umlo a tam zawte in biakna' thuhilhna zuilo, mawhna cih bang om kei ci

uh hi. Amau in tatkhialhna, tatsiatna, luheekzia, luheekdan siamlote peuh ci thei uh a “mawhna” pen ciselo uh hi. Amau lampan in-ah bel mawhna thu kigenleh a suahtaakna uh a su dan-in la uh hi. Bangbang hitaleh mawhna pen mawhna hi i cih lohna ii a nungthu pen mawhna kiphawk khak lohna thu hipah hi. Tua hi-a leitung mite lungsim ah “tatkhialh” loh nading-a kikhaamna pen a siathuai man hilo-in kikhohlhna siasak ding cih lamtawh kidopna hizaw hi. Leitung mite in “Pasian kihta in” cih Lai Siangtho gen pen theilo uh-a mawhna cih bang theilo uh hi.

Abraham in gamdang a zinkhiat ciangin a tun na mun-a ten Pasian kih talo ahih manun a tung ah a kheltat khak ding lung himawh hi (*Pian. 20:11*). Tua hi-a tuate in “mawhna” pen tel’ lo uh hi. Atel’loh thu ahih manin amau pen mawhna bawl taleh kisung sialo uh hi. Mawhna thu a theilo Israel Pasian in amau tung le a mite tung ah a kibangin thu khen ding hi (*Amos 1, 2*). Amawh lam uh thei napi mawh ing cih sawmlo-in mawh kei ung a cite tung ah Pasian in thukhen ding hi (*Jer. 2:35*).

**Mawhna pen hoina.** Mawhna pen Hebrew kam in *kht’* hi-in “bun kha lianlo” cihna hi. “Mawhna” pen “tang pai” ding pan in “sawi” “hoi” pai na hi; kipuah kik theilo thu khat hi: “A kawisate kimamsak theilo a, a omlopi a omin kisch theilo hi” (*Ths. 1:15*). Tua huhau in “mawhna” bawl cih pen kipuah kik theilo thute hun hong paipai ciang’n mangngilhna hi. Tua ahih manin Lai Siangtho mun tampi ah kamsangte in Pasian’ mite’n thu a mangngilh loh nadingin hanthawn hi, tua hikeileh khuaphawk lopi-in mawhna bawl kha ding uh hi (*Thu. 6:12; Thu 32:18; Jame 1:24 tawh saikaak in*).

**Pasian tungah mawh.** Tanglai Israel hunin mawhna cih pen biakna lam ah Pasian tung ah a tang in mawhna hi, gentehna in milim bia (*Thu. 9:16*), Pasian’ thu manglo cihdan te hi (*Thu. 1:41*). Mipi tung ah thumaan lo, ta khial cihte pen Pasian tung ah mawh hi cih dan in kila hi.

Joseph in Potiphar’ zi zolna a dal laitakin a tonu tung ah tua dan gamtatna pen a pasal tung bek hilo-in Pasian tung ah zong mawh hi ci-in gen hi (*Pian. 39:9*). David in Bathsheba mawh pih in a pasal Hit minam Uriah a thahna ah a gamtat pen Pasian tung ah mawh ahihlam kinung theih hi (*2 Sam. 12:13*).

Thuciam Lui tangthu a nunglamte ah kamsangte in Israel bup in tatsia uh, midangte tung ah thutang lo uh hi ci-in gen uh hi (*Amos 1:11; Amos 2:6-8*). Micah in biak le paai sangin gamtat hoih ding thupi hi naci hi (*Mic. 6:6-8*).

Thuciam Thak tua zawi mah na zui hi. Zeisu in veengte awlmawh loh na pen Pasion awlmawh lohna mah hi ci hi (*Matt. 25:45*). Paul in zong na sanggamte tung ah na mawh leh “Khazih tung ah a mawh nahi uh hi” ci hi (*1 Cor. 8:12*). I pumpi mahmah tung ah i mawh leh zong Pasion tung ah a mawh kisuak hi. Hih thu i langlam zong maan veve hi. Adam in Pasion tung ah a mawh pen amah le leitung in thuak hi (*Pian. 3:17-19*). Mi khempeuh in sihna a tuah uh pen mawhna hang hi (*Pian. 2:17*), tua thu pan Lai Siangtho sung ah a daw k kik thu pen (*Pau. 8:36; Eze. 18:4; Rom. 5:12*). I pumpi pen Kha Siangtho teen’na biakinn ahiah manin i pumpi i mawh leh Pasion tung ah a mawh kihi hi (*1 Cor. 6:18, 19*).

## ***Mawhna koici do theih ding i hiam?***

**Mawhna thu tel ding:** Tua hi-in mawhna thu i ven’sak dingin mawhna pen bang hiam cih theih photphot kul hi. I tua cih theih nadingin Pasion’ thukham kismah hi hang. “Thukham tungtawn in mawhna kilangh” ahiah manin hi (*Rom. 3:2*). Tua bang hangin thukham pen Khazih kiang hong tunpih “nau cingpa” kici hi (*Gal. 3:24*). Tanglai-a Greekte sung ah nau cingpa in a pu’ tapa a pil suah khittet a pu kiang ah a paipih bang mah in Pasion thukhamin ei pen Khazih kiang hong tunpih cing hi. Thukham i zuih sawm ciangin bang zah tak haksa-in bangzah in lametna neilo i hiam cih kithei ding hi. Tua ciang bekin Pasion’ hehpihna i pom ding bek mah i lamet ahiam kiphawk pan ding hi.

**Adam le Eve te’ kalsuan dan.** Mawhna thu ah Adam le Eve te’ pulaak dan en ni. Lang khat ah a thu maan Pasion a buk sanna in Pasion’ thukham palsat cih kithei uh hi ci thei hi hang (*Pian. 3:6-10*). Alang khat leuleu panin lah Pasion in hong pusuak ding un a cih ciangin amau in atat khialh na uh Pasion ngawh miikmeek uh hi. Pasion in guaktang in a pian’ sak hi napi (*Pian. 2:25*) guaktang in a omnia paulap, Pasion in a piak a zi paulap pia hi (*Pian. 3:12*). Eve in lah Pasion bawlsa gul mawhsak hi (*Pian. 3:1, 13*).

Adam le Eve te’ mawhna thu Piancil 3:22, 23 ah kimu-in tua sung ah Pasion in Adam le Eve te pen a kibawl cil-in Pasion tawh kisun hi naci hi. Cihnopna ah Adam le Eve te mawhna a bawl khith uh ciangin Amah tawh kisun nawnlo cihna hi. Pasion bek in amau tung-a mawhna’ gu thu thei hi. Adam le Eve te’n Pasion tawh kizopna nei nawnlo ahiah manun thuum ding in zong taak zolo uh hi. Adam le Eve te amawh nailo masiah bel Pasion tawh kizom ahiah manun mawhna pen bang ahi hiam cih khen thei

uh hi. Pasion kiang pan'n a paikhiat ciang un amau pen apha le asia khen theilo ta uh hi. Ellen G White in hih bangin ci hi: "Asia le apha akop akai manin ama [Adam'] lungsim pen am in ama khuak ciimna, kha thu khen tel theihnate amta hi. Pasion guat sate amah'n paakta thei nawnlo hi"—*Education*, p. 25.

Mihingte mawhna hong bawl na thu pen in lesson i laak ding pen hih dan hiziau hi: mihing in mawhna abawl manin thu khentel theihna bei in, asia le apha khen zolo uh hi. Tua hi-in ei pen Pasion lo-in thu a hoih-in khentel zolo hi hang. Tua hang mahin Pasion in thukham le lungdamna thu hongpia hi. Lam khialh loh nadingin thukham kisam hi hang. Tua bang mah in i pai na lam ah lametna le itna tawh i pai theih nadingin Khazih' hehpihna kisam hi hang.

### **Khen III: Nuntakpih Ding**

**Siate' ading:** Anuai-a kigelh mawhna thu mi khat simsak in. Tua thu muhia tuamtuam agen nading un kikap ding a hun pia in.

### **Ngaihsut ding: Mawhna pen mawhna hilo ahi ngei diam?**

Khristian khat in nu le pa mawhna na bawl hi. Alawmte tua dan a gamtat mawhsak-a, amau tua nu a-it manin mawhna hilo hi ci-in nial ka ka hi. Pasion pen itna ahih manin ama gamtat Pasion in thukim hi ci hi. Tua khitteh zong tua pa in numei dang tawh va mawh, tua khitteh a dang khat ci-in laih laih hi. A lawmte'n tua bangin a ban mawh kawikawi na Pasion in paakta lai mah hi inteh maw ci-a a dot uh ciangun tua pa in Pasion um nawn keng na ci hi.

### **Kikapding:**

1. Hih thu ngan, na lawmte, thuthangte ah mawhna pen dikzuul sak bek lo-in gamtat hoih hi ci-in ngaihsuntawm in. Tua dan in thu laak na veeng sung ah bang a ci sak zo diam? Hih dan thu laakna bang hang in patauh huai hiam?
2. Tua dan a gamta khat khah khong na in ama buaisak zaw ahih lam Lai Siangtho sung, a beisa thupiang sung, tu lai-a thupiangte ngaihsun in.
3. Mawhna gau a thuak pa/nu tung ah bang cih huh, panpih ding na hiam?

